

EXPRESSION OF DANCE

Competition Checklist

1. COSTUMES and related items

- All costumes
- Head/Arm/Leg/Body pieces separated by costume and placed in baggies. Write name of routine on baggie and attach it to the hanger with the costume.
- Spare pair of tights in appropriate color for each costume - can also be placed in the accessory bag.
- Undergarments for each costume (nude leotard, sports bra, etc)
- Jewelry (think about each costume)
- EOD warm-up jacket and pants, and EOD shirt or jersey
- Individual Props
- Mini Sewing Kit
- Thread that matches all costumes
- Safety Pins (large, medium, and small)
- Static Guard
- Lint Brush
- Hot-glue or superglue
- Double sided tape
- Body adhesive
- Spare clear and tan bra straps
- Tide "to go" stick

2. HAIR PRODUCTS

- Spray bottle (pack it empty so it doesn't spill)
- Hair Gel
- Hairspray
- Hairnets
- Hair Pins/Bobby Pins
- Comb/Brush
- Hair dryer/curling iron, etc (if necessary)
- Any required hair pieces/hair jewelry/hair glitter

3. MAKE UP

- Foundation and any application tools (sponge, foundation brush, etc)
- Loose Powder
- Eye Shadows
- Blush
- Water-resistant Mascara
- Eye Liner
- 2 pairs of False Lashes
- Eyelash Glue
- Lip Pencil
- Lipstick
- Makeup Brushes
- Tweezers
- Q-Tips and Cotton Balls

4. FIRST AID

- Children's and Adult Pain Reliever
- Wet Wipes
- Band-Aids
- Neosporin
- Icy Hot/Instant Ice Packs
- Ace Bandage

5. MISCELLANEOUS

- Extra copies of music on CD
- Money for program
- Money for photos, videos and souvenirs
- Nail polish Remover
- Nail Clippers
- Nail File/Emery Board
- Scissors
- CLEAR Deodorant
- Pens and Sharpies
- Highlighter for marking program
- Cover Up
- Slippers/Slipper Socks/Flip Flops
- Extra Underwear and dance clothes
- Books/Magazines/Homework
- Camera and Charger
- iPod and Charger
- Crayons and Pencils
- Screwdriver for Taps
- Tissues
- Extra Sanitary Supplies (just in case)

6. FOOD AND DRINK

- Cooler to keep food fresh
- Bottled Water
- Juice Boxes
- Granola/Power Bars
- Fruit
- Veggies
- Mozzarella Cheese Sticks
- Trail Mix
- Nuts
- Raisins
- Gatorade or other sports drink
- Goldfish or other crackers

7. AND LAST, BUT NOT LEAST

- YOUR PHONE and charger